

REGAN A. R. GURUNG

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2420 Nicolet Drive, MACH- C311, Green Bay, WI 54311

OFF : (920) 465 2482

E-mail: gurunr@uwgb.edu

FAX: (920) 465 5044

www.uwgb.edu/humdev/gurung.htm

ACADEMIC POSITIONS

Ben J. & Joyce Rosenberg Professor	(2010-present)
Vice President Midwest Region	Psi Chi International Honor Society (2012-present)
Visiting Professor	University of Auckland, New Zealand (2011-12)
President	Society for Teaching of Psychology (APA Div. 2, 2011)
Chair of Department	Human Development (2007-2010)
Professor	Human Development and Psychology (2008-present)
Consulting Editor	<i>Teaching of Psychology</i> (2008-2010)
Campus Lesson Study Leader	UW Green Bay (2008-2011)
Co-Director	UWGB Teaching Scholars (2005-2011)
Associate Dean	Liberal Arts & Sciences (2005-2007)
Chair of Department	Psychology (2003-2005)
Associate Professor	Human Development and Psychology (2003-2008)
Assistant Professor	Human Development and Psychology (1999-2003)

EDUCATION

NIMH Postdoctoral Research Fellow	University of California, Los Angeles (1996-1999)
Ph.D., Social/Personality Psychology	University of Washington, Seattle, WA (1996)
M. S., Social/Personality Psychology	University of Washington, Seattle, WA (1993)
B. A., Psychology (Distinction in major)	Carleton College, Northfield, MN (1991)

AWARDS AND HONORS

Fellow, Midwestern Psychological Association (MPA, 2012)
Executive Committee, Office of Professional & Instructional Development, UW System (2012-)
Faculty Consultant, Center for Advancement of Teaching & Learning (UWGB, 2012-2013)
Society for the Teaching of Psychology Master Teacher (2012)
Sabbatical (2011-2012)
Regents Teaching Excellence Award, University of Wisconsin System (2011)
Fellow, Association for Psychological Science (APS, 2010)
Psi Chi Midwest Regional Outstanding Advisor Award (2010)
Nominee, Student Nominated Teaching Award, University of Wisconsin-Green Bay (2010, 2011)
Carnegie Foundation for the Advancement of Teaching, Wisconsin Professor of the Year (2009)
UW-Green Bay Scholarship of Teaching Award (2009)
Fellow, American Psychological Association (APA, 2008)
Founders Association Award for Excellence in Scholarship (2007)
Nominated for American Psychological Association (APA) Board of Educational Affairs (BEA, 2007)
University Award for Outstanding Support Staff (Advisor) (2005)
Founders Association Award for Excellence in Teaching (2004)
Nominated for Who's Who Among America's Teachers (2004)
UWGB Creative Teaching Award (2003)

Wisconsin System Teaching Fellow (2001-2002)
 UWGB Featured Faculty Award (2001)
 Teaching-At-Its-Best Award, UWGB (2001)
 Teaching Scholar, University of Wisconsin-Green Bay (2000-2001)
 Psi Chi, International Honor Society in Psychology
 Phi Kappa Phi, Sigma Xi, Phi Eta Sigma Honor Societies

PROFESSIONAL AFFILIATIONS

Managing Editor *Encyclopedia of Cross-Cultural Psychology*
 Editorial Board *Oxford Bibliographies in Psychology*
 American Psychological Association (APA):
 Division 2 - Teaching of Psychology;
 Division 8 - Personality and Social Psychology;
 Division 38 - Health Psychology;
 Division 45 - Ethnic and Cultural Diversity;
 Association for Psychological Science (APS)
 Educational Testing Service (ETS) Advance Placement (AP) Consultant & Table Leader
 International Society for the Scholarship of Teaching and Learning (ISSoTL)
 Society for Personality and Social Psychology (SPSP)

PUBLICATIONS: BOOKS

Gurung, R. A. R. (in press). *Health psychology: A cultural approach* (3rd e). San Francisco: Cengage.
 Gurung, R. A. R. (Ed.) (in press). *Multicultural approaches to health and wellness in America: Major issues and cultural groups*. Westport, CT: Praeger Publishers.
 Gurung, R. A. R. (Ed.) (in press). *Multicultural approaches to health and wellness in America: Mental health and the mind-body connection*. Westport, CT: Praeger Publishers.
 Dunn, D. S., Wilson, J. H., Gurung, R. A. R., & Naufel, K. (Eds.) (in press). *Hot topics: Best practices in teaching controversial issues in psychology*. Washington, D.C.: American Psychological Association.
 Landrum, R. E., & Gurung, R. A. R. (Eds.) (in press). *The Handbook Series: Writing, Research Methods, Psychological Literacy, Quantitative Literacy, & Debunking Psychological myths*. New York: Worth.
 Chick, N., Haynie, A., & Gurung, R. A. R. (Eds.) (2012). *Exploring more signature pedagogies*. Sterling, VA: Stylus.
 Schwartz, E., & Gurung, R. A. R., (2012). *Evidence-based teaching in higher education*. Washington, DC: American Psychological Association.
 Schwartz, E., Landrum, R. E., & Gurung, R. A. R., (2011). *An EasyGuide to APA style and format*. Thousand Oaks, CA; Sage.
 Gurung, R. A. R. (2010). *Health psychology: A cultural approach* (2nd e). San Francisco: Cengage.
 Eshun, S., & Gurung, R. A. R. (Eds.) (2009). *Sociocultural influences on mental health*. Malden, MA: Blackwell.
 Gurung, R. A. R., Chick, N., & Haynie, A. (Eds.) (2009). *Exploring signature pedagogies:*

Approaches to teaching disciplinary habits of mind. Sterling, VA: Stylus.

Gurung, R. A. R., & Prieto, L. (Eds.) (2009). *Getting Culture: Incorporating diversity across the curriculum.* Arlington, VA: Stylus.

Gurung, R. A. R., & Schwartz, E. (2009/2013). *Optimizing teaching and learning: Pedagogical research in practice.* Malden, MA: Blackwell.

Gurung, R. A. R. (2006). *Health psychology: A cultural approach.* San Francisco: Wadsworth.

PUBLICATIONS: BOOK CHAPTERS

Dunn, D. D., Gurung, R. A. R., & Naufel, K. (in press). Frames of reference: Social psychological perspectives for interpreting teaching about controversial issues. In D. S. Dunn, J. H. Wilson, R. A. R., Gurung, & K. Naufel, K. (Eds.). *Hot topics: Best practices in teaching controversial issues in psychology.* Washington, D.C.: American Psychological Association.

Gurung, R. A. R., & Bruns, D. (in press). Health psychology and policy: When politics infiltrates the science. In D. S. Dunn, J. H. Wilson, R. A. R. Gurung, & K. A. Naufel (Eds.) *Hot Topics: Best Practices for Teaching Controversial Issues in Psychology.* Washington, DC: American Psychological Association Press.

Gurung, R. A. R., & Landrum, R. E. (in press). Assessment and the Scholarship of Teaching and Learning. In D. Dunn, S. C. Baker, C. M. Mehrotra, R. E. Landrum, & M. McCarthy (Eds.) *Assessing Teaching and Learning in Psychology: Current and Future Perspectives.*

Gurung, R. A. R. (in press). Applying social psychology to health. In R. Baumeister & B. Bushman, *Social psychology and human nature, 3e.* San Francisco: Cengage.

Gurung, R. A. R., & Schwartz, B. M. (in press). Contributions from psychology: Heuristics for interdisciplinary advancement of SoTL. In K. McKinney (Ed.). Bloomington Indiana: Indiana University Press.

Gurung, R. A. R. (2012). Developing your research skills. In P. Giordano, S. Davis, & C. Licht (Eds.) *Your graduate training in psychology: Suggestions for success.* (pp. 159-174).

Gurung, R. A. R. (2012). Using evidence-based pedagogy ethically. In R. E. Landrum & M. A. McCarthy (Eds.), *Teaching ethically: Challenges and opportunities.* Washington, DC: APA.

Gurung, R. A. R., & McCann, L. (2012). Study techniques and teaching. In B. Schwartz & R. A. R. Gurung (Eds), *Evidence-based teaching in higher education* (pp. 99-116). Washington, DC: American Psychological Association.

Gurung, R. A. R., & Landrum, R. E. Using SoTL to improve learning outcomes. (2012). In J. Groccia, M. Alsudairy, & W. Buskist (Eds.) *Handbook of College and University Teaching: Global Perspectives* (pp. xxx-xxx). Thousand Oaks, CA: Sage.

Gurung, R. A. R. (2011). Teach with passion (or do something else). In R. Bubb, J. Stowell, & W. Buskist (Eds.) *The teaching of psychology in autobiography: Perspectives from exemplary psychology teachers (vol. 4).* <http://teachpsych.org/ebooks/tia2011/index.php>

Haynie, A., Chick, N., & Gurung, R. A. R. (2012). Signature pedagogies in the Liberal Arts and beyond. In N. Chick, A., Haynie, & R. A. R. Gurung (Eds.). *Exploring more signature pedagogies (pp. 1-13).* Sterling, VA: Stylus.

Gurung, R. A. R. (2011). Heads in the clouds: Technology and education. In M. Gregorson (Ed.) *Future of Technology and Education.* Springer Press.

Gurung, R. A. R. (2011). Motivating students. In W. Buskist, (Ed.) *Essentials of effective teaching:*

- Tips for teaching well*. Riyadh, Saudi Arabia: King Saud University Press.
- Gurung, R. A. R. (2011). Teaching large classes effectively. In W. Buskist, (Ed.) *Essentials of effective teaching: Tips for teaching well*. Riyadh, Saudi Arabia: King Saud University Press.
- Dunn, D. S., Cautin, R., & Gurung, R. A. R. (2011). Curriculum matters: Structure, content, and psychological literacy. In J. Craney & D. S. Dunn (Eds.) *Educating the Psychologically Literate Citizen: Global Perspectives*. New York: Oxford University Press.
- Gurung, R. A. R., & Burns, K. (2011). *The social psychology of teaching and learning*. In D. Mashek & E. Y. Hammer (Eds.) *Empirical research in teaching and learning: Contributions from social psychology* (pp. 1-31). Malden, MA: Wiley-Blackwell.
- Gurung, R. A. R. (2010). *Culture and health*. In K. Keith (Ed.), *Psychology & Culture*. Malden, MA: Wiley-Blackwell.
- Dunn, D. S., Brewer, C. L., Cautin, R. L., Gurung, R. R., Keith, K. D., McGregor, L. N., & ... Voigt, M. (2010). The undergraduate psychology curriculum: Call for a core. In D. F. Halpern, D. F. Halpern (Eds.) , *Undergraduate education in psychology: A blueprint for the future of the discipline* (pp. 47-61). Washington, DC US: American Psychological Association.
doi:10.1037/12063-003
- Gurung, R. A. R., & Wilson-Doenges, G. (2010). Engaging Students in Psychology: Building on First-year Programs and Seminars. In D. S. Dunn, B. C. Beins, M. A. McCarthy, G. W. Hill (Eds.) *Best Practices for Beginnings and Endings in the Psychology Major* (pp. 93-106). New York: Oxford University Press.
- Gurung, R. A. R. (2009). Applying social psychology to health. In R. Baumeister & B. Bushman, *Social psychology and human nature, 2e*. San Francisco: Cengage.
- Gurung, R. A. R. (2009). Cultural differences in food preferences. In L. Walter (Ed.) *Sustenance: food studies across the disciplines*.
- Eshun, S., & Gurung R. A. R. (2009). What is culture? What is psychopathology? How are the two related? In S. Eshun, & R. A. R. Gurung (Eds.) *Sociocultural influences on mental health*. Malden, MA: Blackwell.
- Gurung, R. A. R. (2009). Applying method to (seeming) madness: Doing SoTL in your class. In S. A. Meyers & J. R. Stowell (Eds.), *Essays from e-xcellence in teaching* (Vol. 8, pp. 16-18). Retrieved from the Society for the Teaching of Psychology Web site:
<http://teachpsych.org/resources/e-books/eit2008/eit2008.php>
- Gurung, R. A. R. (2009). Got culture? In R. A. R. Gurung & Prieto, L. (Eds.) *Got Culture? Incorporating diversity across the curriculum*. Malden, MA: Blackwell.
- Gurung, R. A. R., & Roethel, A. (2009). Stress & culture. In S. Eshun, & R. A. R. Gurung (Eds.) *Sociocultural influences on mental health*. Malden, MA: Blackwell.
- Chick, N. L., Haynie, A. & Gurung, R. A. R. (2009). From generic to signature pedagogies: Teaching disciplinary understandings by teaching through the disciplines. In R. A. R. Gurung, N. L., Chick, & A. Haynie (Eds.) (in press *Exploring signature pedagogies: Approaches to teaching disciplinary habits of mind*. Sterling, VA: Stylus.
- Bartell, D., Furlong, D., Furlong, S., Gurung, R. A. R., Kersten, A., & Wilson-Doenges, G. (2008). University of Wisconsin-Green Bay. In A. M. Griffin & J. Romm (Eds.) *Exploring the evidence, vol. IV: Reporting research on first year seminars* (89-96). Columbia, SC: University of South Carolina, National Resource Center for the First-Year Experience and Students in Transition.

- Gurung, R. A. R. (2008). Social psychology applied to health. In R. Baumeister & B. Bushman, *Social psychology and human nature*. San Francisco: Wadsworth.
- Gurung, R. A. R., & Bord, D. (2008). Enhancing learning and exam preparation: The review session. *Lessons Learned, 21*,
- Gurung, R. A. R. & Von Dras, D. (2007). Social support and aging. In L. O. Randal (Ed.), *Aging and the elderly: Psychology, sociology, and health*. New York: Nova Science Publishers.
- Gaines, S. O., Gurung, R. A. R., Lin, Y., & Pouli, N. (2006). Interethnic relationships. In J. Feeney & P. Noller (Eds.), *Close relationships: Functions, forms, and processes* (pp. 171-187). New York, NY: Psychology Press.
- Gurung, R. A. R. (2005). In-class learning assessment strategies. In W. Buskist and S. F. Davis, *Handbook of the teaching of psychology*. Boston, MA: Blackwell.
- Gurung, R. A. R., & Daniel, D. (2005). Evidence-based pedagogy: Do pedagogical features enhance student learning? In D. Dunn & S. L. Chew (Eds.), *Best practices for teaching introductory psychology* (pp. 41-56). Mahwah, NJ: Earlbaum.
- Taylor, S. E., Klein, L. C., Gruenewald, T. L., Gurung, R. A. R., & Fernandes-Taylor, S. (2003). Affiliation, social support, and biobehavioral responses to stress. In J. Suls and K. Wallston (Eds.), *Social psychological foundations of health and illness* (pp. 314-331). Malden, MA: Blackwell.
- Taylor, S. E., Lewis, B., Gruenewald, T., Gurung, R. A. R., Klein, L. C., & Updegraff, J. (2002). Biobehavioral Responses to Stress in Females: Tend-and-befriend not fight-or-flight. In J. T. Cacioppo, et al., (Eds.), *Foundations in social neuroscience* (pp. 661-698). Cambridge, MA: MIT Press.
- Dunkel-Schetter, C., Gurung, R. A. R., Lobel, M, & Wadhwa, P. (2001). Psychosocial processes in pregnancy: Stress as a central organizing concept. In A. Baum, J. Singer & T. Revenson (Eds.), *Handbook of health psychology* (pp. 321-356). New York: Wiley.
- Sarason, B. R., Sarason, I. G., & Gurung, R. A. R. (2001). Close personal relationships and health outcomes: A key to the role of social support. In B. R. Sarason, & S. W. Duck (Eds.), *Personal relationships: Implications for clinical and community psychology*. United Kingdom: Wiley & Sons.
- Sarason, B. R., Sarason, I. G., & Gurung, R. A. R. (1997). Close personal relationships in health outcomes: A key to the role of social support. In S. Duck, (Ed.), *Handbook of personal relationships: Theory, research, and interventions* (pp.547-573) (2nd ed). United Kingdom: Wiley & Sons.

PUBLICATIONS: PEER-REVIEWED SCHOLARLY ARTICLES

- Filz, T., & Gurung, R. A. R. (in press). Student perceptions of undergraduate teaching assistants *Teaching of Psychology*, 00, 000-000.
- Freis, S. D., & Gurung, R. A. R. (in press). A Facebook analysis of helping behavior in online bullying. *Psychology of Popular Media Culture*, 00, 000-000.
- Gurung, R. A. R. (in press). A multicultural approach to health psychology. *American Journal of Lifestyle Medicine*.
- Gurung, R. A. R., & Landrum, R. E. (in press). Comparing student perceptions of textbooks: Does liking influence learning? *International Journal of Teaching and Learning*.

- Soysa, C. K., Dunn, D. S., Dottolo, A. L., Burns-Glover, A. L., & Gurung, R. A. R. (in press). Orchestrating authorship: Teaching writing across the psychology curriculum. *Teaching of Psychology*, 00, 000-000.
- Gurung, R. A. R., Daniel, D.B., & Landrum, R. E. (2012). A multi-site study of learning: A focus on metacognition and study behaviors. *Teaching of Psychology*, 39, 170-175.
- Gurung, R. A. R., Landrum, R. E., & Daniel, D. B. (2012). Textbook Use and Learning: A North American Perspective. *Psychology of Learning and Teaching*, 11, 87-98.
- Gurung, R. A. R., Wilhelm, T., & Filtz, T. (2012). Optimizing honor codes for online test administration. *Ethics & Behavior*, 22, 158-162.
- Landrum, R., Gurung, R. A. R., & Spann, N. (2012). Assessments of Textbook Usage and the Relationship to Student Course Performance. *College Teaching*, 60(1), 17-24.
doi:10.1080/87567555.2011.609573
- Weidert, J., Roethel, A., Gurung, R. A. R., & Filz, T. (2012). A survey of graduate and undergraduate teaching assistants. *College Teaching*, 60, 00-00.
- Gurung, R. A. R., & Martin, R. (2011). Predicting textbook reading: The textbook assessment and usage scale. *Teaching of Psychology*, 38, 22-28.
- Johnson, V., & Gurung, R. A. R. (2011). Defusing the objectification of women by other women: The role of competence. *Sex Roles*.
- Gurung, R. A. R., Weidert, J., & Jeske, A. S. (2010). A closer look at how students study (and if it matters). *Journal of the Scholarship of Teaching and Learning*, 10, 28-33.
- Gurung, R. A. R., Kerns, N., Ansborg, P., Alexander, P., & Johnson, D., (2008). The scholarship of teaching and learning in psychology: A national perspective. *Teaching of Psychology*, 35, 249-261.
- Gurung, R. A. R. & Chrouser, C. (2007). Dissecting objectification: Do sexism, athleticism, and provocativeness matter? *Sex Roles*, 57, 91-99.
- Bartell, D., Gurung, R. A. R., Furlong, S., Kersten, A., & Wilson-Doenges, G. (2007). An interdisciplinary lesson plan to foster student engagement. *Teaching Forum*, 3.
[www.uwlax.edu/teachingforum/index.html]
- Gurung, R. A. R., & Vespia, K. M. (2007). Looking good, teaching well? Linking liking, looks, and learning. *Teaching of Psychology*, 34, 5-10.
- Gurung, R. A. R. (2005). How do students really study (and does it matter)? *Teaching of Psychology*, 32, 367-372.
- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., Rini, C., & Hobel, C. (2005). Psychosocial predictors of perceived prenatal stress. *Journal of Social and Clinical Psychology*, 24, 497-519.
- Rinaldi, C., & Gurung, R. A. R. (2005). Does matching teaching and learning styles optimize learning? *Teaching Forum*, 1. [www.uwlax.edu/teachingforum/index.html]
- Gurung, R. A. R. (2004). Pedagogical aids: Learning enhancers or dangerous detours? *Teaching of Psychology*, 31, 164-166.
- Gurung, R. A. R., Taylor, S. E., Kemeny, M., & Myers, H. (2004). HIV is not my biggest problem: Chronic burden, depression and ethnicity in women at risk for HIV. *Journal of Social and Clinical Psychology*, 23, 490-511.
- Gurung, R. A. R., Taylor, S. E., & Seeman, T. (2003). Accounting for changes in social support among married older adults: Insights from the MacArthur studies of successful aging.

- Psychology and Aging*, 18, 487-496.
- Lewis, B.P. & Gurung, R.A.R. (2003). Mixing, matching, & mating: Demonstrating the effect of contrast on relationship satisfaction. *Teaching of Psychology*, 30, 303-307.
- Gurung, R. A. R. (2003). Comparing cultural and individual learning tendencies. *American Psychologist*, 58, 145-146.
- Gurung, R. A. R. (2003). Pedagogical aids and student performance. *Teaching of Psychology*, 30 (2), 92-96.
- Steiner, N., & Gurung, R. A. R. (2002). The femininity effect: Relationship quality, sex, gender, attachment, and significant-other-concepts. *Personal Relationships*, 9, 313-325.
- Taylor, S. E., Lewis, B., Gruenwald, T., Gurung, R. A. R., Updegraff, J. & Klein, L. C. (2002). Sex differences in biobehavioral responses to threat: Reply to Geary and Flinn. *Psychological Review*, 109, 751-753.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (2001). Predicting relationship quality and emotional reactions to stress from significant-other-concept clarity. *Personality and Social Psychology Bulletin*, 27, 1267-1276.
- Gurung, R. A. R., & Mehta, V. K. (2001). Relating ethnic identity, acculturation and attitudes towards treating minority clients. *Cultural Diversity and Ethnic Minority Psychology*, 7, 139-151.
- Taylor, S. E., Klein, L. C., Lewis, B., Gruenwald, T., Gurung, R. A. R., & Updegraff, J. (2000). The female stress response: Tend and befriend not fight or flight. *Psychological Review*, 107, 411-429.
- Gurung, R. A. R., & Duong, T. (1999). Mixing and matching: Assessing the concomitants of mixed-ethnic relationships. *Journal of Social and Personal Relationships*, 16, 639-657.
- Brock, D. M., Sarason, I. G., Sanghvi, H., & Gurung, R. A. R. (1998). The perceived acceptance scale: Development and validation. *Journal of Social and Personal Relationships*, 15, 5-22.
- Gurung, R. A. R. (1998). Yes, social support is important, but what is the best way to measure it (abstract)? *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R. (1998). When looking good is bad: Self-monitoring and stress in public (abstract). *Annals of Behavioral Medicine*, 20 (Suppl., p.84).
- Gurung, R. A. R., Sarason, B. R. & Sarason, I. G. (1997). Personality, perceptions of quality and supportive behavior in romantic relationships. *Personal Relationships*, 4, 319-341.
- Gurung, R. A. R. (1997). Mental representations of self and significant-other: Links to relationship quality and affect. *Dissertation Abstracts International*, 57 (9-B), 5963.

PUBLICATIONS: INVITED

- Gurung R. A. R. (2012). *Health psychology*. In D.S. Dunn (Ed.) *Oxford Bibliographies Online: Psychology*. New York: Oxford University Press.
- Gurung, R. A. R., & McCann, L. (2011). How should students study. *Association for Psychological Science Observer*.
- Gurung, R. A. R., & Schwartz, B. M. (2010). Riding the third wave of SoTL. *International Journal for the Scholarship of Teaching and Learning*, 4(2).
- Gurung, R. A. R. (2010). A sociological approach to understanding gender health disparities. [Review of the book *Gender and Health: The Effects of Constrained Choices and Social Policies*, Cambridge University Press, 2008, by C. E. Bird & P. P. Rieker]. *Journal of Social and Clinical*

Psychology, 000-000.

- Gurung, R. A. R., Sexton-Radek, K., & Herzog, S. (2010). *Instructor's manual and test bank for Health psychology: A cultural approach* (2nd edition). San Francisco: Cengage.
- Gurung, R. A. R. (2009). Sex Role Orientation. In H. Reis (Eds.) *Encyclopedia of Close Relationships*.
- Gurung, R. A. R. (2008). Applying method to (seeming) madness: Doing SoTL in your class. <http://list.kennesaw.edu/archives/psychteacher.html>.
- Gurung, R. A. R., & Bord, D. (2008). Enhancing learning and exam preparation: The review session. *The Association of Psychological Science Observer*.
- Gurung, R. A. R. (2007). Electronic ties that bind (and educate): Using technology to enhance teaching and learning. [Review of the book *Collaborative learning, reasoning, and technology*]. PsychCRITIQUES. Washington, DC: American Psychological Association.
- Gurung, R. A. R. (2006). *Health psychology: An instructor's manual*. San Francisco: Wadsworth.
- Gurung, R. A. R. (2003). Social networks. In *Magill's encyclopedia of social science: Psychology* (pp. 1491-1496). Los Angeles, CA: Salem Press.
- Gurung, R. A. R. (2003). Evolutionary theories of attraction. In *Magill's encyclopedia of social science: Psychology*. Los Angeles, CA: Salem Press.
- Gurung, R. A. R. (2002). *Annual review of health psychology* (Ed.). New York: McGraw Hill (online).
- Gurung, R. A. R. (2000). Depression. In *The encyclopedia of sociology*. New York: Macmillan.
- Gurung, R. A. R. (1999). Hopelessness. In *The encyclopedia of human emotions*. New York: Macmillan.
- Gurung, R. A. R. (1997). Making the best of graduate school. *American Psychological Society Observer, 10*, 40-41.
- Gurung, R. A. R. (1992). Going back for the future: Ramifications of early attachment. Review of attachment across the life cycle. *Contemporary Psychology, 37*, 78-79.

MANUSCRIPTS UNDER REVIEW

- Landrum, R. E., & Gurung, R. A. R. (2012). Is latency to test deadline a predictor of performance.
- Homa, N., ... & Gurung, R. A. R. (2012). How consistent are Introductory Psychology course syllabi? Examining objectives and content.

MANUSCRIPTS IN PREPARATION

- Gurung, R. A. R., & Freis, S. D., That shirt makes you look dumb and me feel smart: Brands and sexism.
- Gurung, R. A. R., Johnson, R., & Freis, S. Facebook and social support.
- Gurung, R. A. R., Johnson, V., & Freis, S. Leveling the Playing Field? Objectification of Male and Female Celebrities.

WORKSHOPS

- Gurung, R. A. R. (2011, October). *Doing the Scholarship of Teaching and Learning*. STP SOTL Workshop, Atlanta, GA.
- Haynie, A., & Gurung, R. A. R. (2011, October). *Practicing signature pedagogies*. ISSOTL conference, Milwaukee, WI.
- Gurung, R. A. R. (2010, September). *Enhancing student motivation and study skills*. King Saud

University, Riyadh, Saudi Arabia.

- Gurung, R. A. R. (2010, February). *Investigating Student Learning as a Strategy for Optimizing our Teaching Practice*. Boise State University, Boise, ID.
- Gurung, R. A. R., & Schwartz, B. M. (2010, March). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Teaching Commons, Savannah, GA.
- Gurung, R. A. R. (2010, May). How students' study: Tips and advice for faculty. Randolph College, Lynchburg, VA.
- Gurung, R. A. R., Svinicki, M. D., & Bhenke, S. (2009, January). *Catalyze your teaching with pedagogical research: The nuts, bolts, and ethics of SoTL*. National Institute on the Teaching of Psychology (NITOP), St. Pete's Beach, FL.
- Haynie, A., Chick, N., & Gurung, R. A. R., (2008, October). *Defining Ourselves: Signature Pedagogies in the Disciplines*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Schwartz, B. M., & Gurung, R. A. R. (2008, October). *Optimizing our Teaching and Learning: Putting SOTL Best Practices to Use*. International Society for the Scholarship of Teaching and Learning (ISSOTL) Meeting, Edmonton, Canada.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Xavier University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, February). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Loyola University, New Orleans, LA.
- Gurung, R. A. R., & Schwartz, B. M. (2008, March). *Jumpstarting Pedagogical Research: Using & Doing SoTL to Optimize Teaching & Learning*. Lilly Conference on College and University teaching West, Pomona, CA.
- Haynie, A., Gurung, R. A. R., & Chick, N. (2008, March). *The Trading Zone: Signature Pedagogies and Practices in the Disciplines*. . Lilly Conference on College and University teaching West, Pomona, CA.

SCHOLARLY PRESENTATIONS: SYMPOSIUMS/PRESENTATIONS

- Gurung, R. A. R. (2011, August). Learning unplugged: Bottlenecks and threshold concepts in psychology. In R. E. Landrum (Chair) Identifying and conquering threshold concepts in psychology: Enhancing deeper student learning. Symposium accepted for presentation at the 119th Annual Meeting of the American Psychological Association, Washington, DC.
- Gurung, R. A. R. (2010, August). (Culture) shocks to the system: Getting students to actively face cultural diversity. In F. D. Ortiz (Chair) symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Chair. Best Practices for Training and Using Undergraduate Teaching Assistants (UTAs). Symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. Orchestrating Authorship: Teaching Writing across the Psychology Curriculum. In C. Soysa (Chair) symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Discussant. New Techniques and Technologies for Graduate and Medical Education. In M. Gregorson (Chair) presented at the 118th Annual Meeting of the

- American Psychological Association, San Diego, CA.
- Weidert, J., Roethel, A., & Gurung, R. A. R. (2010, August). The Benefits of Being a UTA: Hard Data and Critical Reflections. In Gurung, R. A. R. (Chair). Best Practices for Training and Using Undergraduate Teaching Assistants (UTAs). Symposium presented at the 118th Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2009, August). Chair. Advancing Pedagogical Research (SoTL) in Psychology: Models and Incentives. Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Chair. Students and textbooks: How can/must/should we increase student textbook use? Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Reaping the Fruits of SoTL 's Labor: Using Pedagogical Research Well. In R. A. R. Gurung (Chair), Advancing Pedagogical Research (SoTL) in Psychology: Models and Incentives. Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Gurung, R. A. R. (2009, August). Apples and oranges? Textbook differences, student preferences, and learning. In R. A. R. Gurung (Chair), Students and textbooks: How can/must/should we increase student textbook use? Symposium presented at the 117th Annual Meeting of the American Psychological Association, Toronto, CA.
- Chick, N., Gurung, R. A. R., Haynie, A., et al. (2009, April). Celebrating collaboration: Exploring signature pedagogies. Panel at OPID conference, Milwaukee, WI.
- Gurung, R. A. R., Ritch, D., & Nielsen, K. (2009, April). Using a common theme to advance liberal education outcomes. Presentation at OPID conference, Milwaukee, WI.
- Bartell, D., Wilson-Doenges, G., Amenson-Hill, B., Furlong, D., Furlong, S., Gurung, R. A. R., Kersten, A., & Ritch, D. (2009, February). Using BCSSE Expectations to Raise the Bar for Engagement in the First Year College Experience. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Furlong, S., Ritch, D., Amenson-Hill, B., Bartell, D., Gurung, R. A. R., Kersten, A., & Wilson-Doenges, G. (2009, February). Teaching the Teacher: Faculty Development for First-Year Seminars. Paper presented at the meeting of the First Year Experience conference, Tampa, FL.
- Buskist, W., Dunn, D., Daniel, D., Littleford, L., Gurung, R. A. R., Henderson, R., & Halistorks, R. (2008, January). *Blueprint for the future: An update from the national conference on undergraduate education in psychology*. National Institute on the Teaching of Psychology (NITOP), St. Pete's Beach, FL.
- Haynie, A., Chick, N. L., & Gurung, R. A. R. (2008, October). Defining Ourselves: Signature Pedagogies in the disciplines.
- Gurung, R. A. R. (2008). Chair. Linking textbooks, studying, teaching, and learning: A National comprehensive study. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). Under The Microscope: A Close Look at How Student's Study. In R. A. R. Gurung (Chair). Linking textbooks, studying, teaching, and learning: A National comprehensive study. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008). If You Engage, Learning Will Come: An Overview of Strategies. In R.

- Martin (Chair), Engaging Students in Large Psychology Department: Multifaceted Approaches. Symposium presented at the 116th Annual Meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. (2008, May). Highlights from Pedagogical research. Enhancing the Teaching of Psychology Conference. Oshkosh, WI.
- Bartell, D., Wilson-Doenges, G., Gurung, R. A. R., Furlong, S., & Amenson-Hill, B. (2008, February). *Purpose and passion in first-year experience courses: Comparing interdisciplinary and traditional general education seminars*. Paper presented at the meeting of the First Year Experience conference, San Francisco, CA.
- Gurung, R. A. R., Wilson-Doenges, G., & Martin, R. (2007, October). *Engaging Students in Psychology: Course and Departmental Level Strategies*. Symposium conducted at the Beginnings and Endings: Best practices for introducing and bringing closure to the undergraduate psychology major, Atlanta, GA.
- Gurung, R. A. R., & Martin, R. (2007, August). The Textbook assessment scale: Validation and uses. In D. Daniel & R. A. R. Gurung (Chairs), *Textbooks, pedagogy, and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Roethel, A., (2007, August). Teaching for healthier minds and healthier bodies. In K. Vespa (Chair), *Changing student attitudes and behaviors: Pedagogical challenges, models, and results*. Symposium conducted at the American Psychological Association, San Francisco, CA.
- Lawrence, N. K., Ansborg, P., & Gurung, R. A. R. (2007, August). Models of excellence in fostering the scholarship of teaching. In R. A. R. Gurung (Chair), *Scholarship of teaching and learning in psychology: Current status, future directions*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Daniel, D., & Gurung, R. A. R. (2007, August). (Chairs) *Textbooks, pedagogy and student performance: Will they read and if they do, will it help?* Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Littleford, L. N., Gurung, R. A. R., Brito, C., Kirk, J. V., & Watkins, A. (2007, August). Recruitment and retention of diverse faculty: Best practices. In M. W. Matthews (Chair), *True diversity: Best practices and beyond*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R., Lawrence, N. K., Ansborg, P., Johnson, D., Alexander, P. (2007, August). *Scholarship of teaching & learning in psychology: Current status, future directions*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2007, August). Discussant. *Changing student attitudes and behaviors: Pedagogical challenges, models, and results*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G., (2007, March). *Freshman seminars at UW-Green Bay*. Presentation at the UW System OPID conference, Madison, WI.
- Furlong, S., Gurung, R. A. R., Amundsen-Hill, B., Kersten, A., Bartell, D., & Wilson-Doenges, G., (2007, February). *Building a freshman experience (FOCUS) and seminar at UW-Green Bay*.

- Paper presented at the meeting of the First Year Experience conference, Addison, TX.
- Gurung, R. A. R. (Chair), Matlin, M., & McDaniel, M. A. (2006, August). *Pragmatic pedagogy: Using cognitive science to optimize learning*. Symposium conducted at the meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (Chair), Myers, D. G., Baron, R. A., Hildebrand, B., & Mejia, E. (2006, May). *Are textbooks too expensive? Answers, solutions, value, choices, and changes*. Symposium conducted at the meeting of the American Psychological Society, New York, NY.
- Gurung, R. A. R. (2006, January). *Health psychology's tips for effective studying*. Paper presented at the meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Gurung, R. A. R. (2005, January). *Teaching activities for social psychology*. Paper presented at the Society for Personality and Social Psychology Teaching Preconference, New Orleans, LA.
- Gurung, R. A. R. (2004, May). Chair. *Teaching diversely about diversity*. Symposium at the meeting of the American Psychological Society, Chicago, IL.
- Gurung, R. A. R. (2004, January). *Optimizing group presentation assignments*. Paper presented at the meeting of the Society for Social and Personality Psychology Preconference on Teaching, Austin, TX.
- Gurung, R. A. R. (2003, August). *Issues in close relationships: Mixed-ethnic relationships and arranged marriages*. Paper presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R. (2002, August). Discussant. *Teaching about diversity*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (2001, January). Chair, *New faculty, new ideas*. Symposium conducted at the meeting of the Faculty Development Conference at the University of Wisconsin-Green Bay, WI.
- Gurung, R. A. R. (2000, August). Chair, *Live from D.C: Enhancing active learning in the classroom*. Symposium conducted at the meeting of the American Psychological Association, Washington, D.C.
- Gurung, R. A. R. (2000, May). *Incorporating multicultural issues into courses*. Paper presented at the conference for Enhancing the Teaching of Psychology and Human Development at the University of Wisconsin-Green Bay, WI.
- Lewis, B. P., & Gurung, R. A. R. (2000, August). *Contrasting, matching & mating: Modification of "the Pairing Game" classroom demonstration of the matching phenomenon*. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Gurung, R. A. R. (1999, August). Chair, *Live from Boston: Demonstrations for teaching psychology*. Symposium conducted at the meeting of the American Psychological Association, Boston, MA.
- Gurung, R. A. R. & Dunkel-Schetter, C. (1998, August). Chairs. *Personal relationships, social support, coping and adjustment*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sadowsky, G. R. (1998, August). Chairs. *Minority mental health : Acculturation, ethnic identity and beliefs in Asian-Indians*. Symposium conducted at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. & Sarason, B. R. (1998, June). Chairs. *Perceived social support: Where does it come from and is it all in the mind?* Symposium conducted at the meeting of International Conference for Personal Relationships, Saratoga Springs, NY.

Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1998, June). *I think therefore you are (and I feel supported): Social support and significant-other concepts*. Paper presented at the International Conference for Personal Relationships, Saratoga Springs, NY.

INVITED ADDRESSES: ACADEMIC

- Gurung, R. A. R. (2012, May). The Culture advantage: Like it. Need it. Getting it. Intercultural Honors Experience Keynote speaker; Franklin College, IN.
- Gurung, R. A. R. (2012, May). Invigorating student learning: How should students study? Center for Faculty Development: University of Wisconsin-Stout.
- Gurung, R. A. R. (2012, May). Social media, learning, and living: How Facebook and texting can rewire your brain. Center for Faculty Development: University of Wisconsin-Stout.
- Gurung, R. A. R. (2012, April). Research methodologies for conducting Scholarship of Teaching and Learning. Keynote, Center for Faculty Development, Farmingdale State College, NY.
- Gurung, R. A. R. (2012, April). Undergraduate psychology: A U.S. perspective. Undergraduate Education Summit, New South Wales, Australia.
- Gurung, R. A. R. (2012, April). What educators need to know about using social media for health and learning. Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, March). Using psychology and pedagogical research to motivate students and optimize student learning. Faculty of Education Seminar. University of Auckland, New Zealand.
- Gurung, R. A. R. (2012, February). What's your status? The role of social media in health and learning. Psychology Seminar Series. University of Auckland, New Zealand.
- Gurung, R. A. R. (2011, November). Using psychology to teach psychology. Jossey-Bass Faculty Development Workshop.
- Gurung, R. A. R. (2011, October). Using psychology to teach psychology. Mid Atlantic Teaching of Psychology Conference, Prince George Community College, VA.
- Gurung, R. A. R. (2011, October). Psychology matters: No magic, metacognition and motivation. Northwest Teachers of Psychology Conference, Olympia, WA.
- Gurung, R. A. R. (2011, September). 'Like' this update: Facebook, texting, and learning. Atlantic Coast Teaching of Psychology Conference, Long Branch, NJ.
- Gurung, R. A. R. (2011, August). Tips for teaching when you are a graduate student. American Psychological Association Conference, Washington, DC.
- Gurung, R. A. R. (2011, June). If they study, they will learn: What teachers need to know and do to make this so. Opening Keynote at Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, June). Hot topics in Health Psychology. Eastern Teachers of Psychology Conference, Staunton, VA.
- Gurung, R. A. R. (2011, May). What's your status? Facebook, texting, and learning. 11th Annual Enhancing Teaching of Psychology Conference, Green Bay, WI.
- Gurung, R. A. R. (2011, March). Social connectivity, Facebook, and texting: What connectivity does to our brain. Southern New Hampshire University, Manchester, NH.
- Gurung, R. A. R. (2011, March). Text this status update: How social media influence health (and learning). Closing keynote at Midwestern Teachers of Psychology Conference, Dupage, IL.
- Landrum, R. E., & Gurung, R. A. R. (2011, January). Inspiring learning: The power of personalizing

- your Introductory psychology class. National Institute of Teaching (NITOP), St. Petersburg Beach, FL.
- Gurung, R. A. R. (2010, November). Going beyond 'Study More': How students study. Opening keynote at Iowa Teachers Conference, Pella, IO.
- Gurung, R. A. R. (2010, October). Texting and other incivilities: Combating distraction in the classroom. Opening keynote address at NEPA, Burlington, VT.
- Gurung, R. A. R. (2010, February). A healthy diet of studying: Empirical evidence, practical tips. Invited Psi Chi talk at Boise State University, Boise, ID.
- Gurung, R. A. R. (2010, May). Catalyzing student learning: Why 'just study more' is not enough. Invited talk at the Enhancing the Teaching of Psychology Conference, Green Bay, WI.
- Gurung, R. A. R. (2010, April). Traveling beyond boundaries: A heuristic for the scholarship of teaching and learning. Invited address at Indiana University, Bloomington, IN.
- Gurung, R. A. R. (2010, April). Signature pedagogies: What are they and why should you care? Invited address at Teaching and Learning Center, UW-Parkside, WI.
- Gurung, R. A. R. (2010, April). Texting and other incivilities: Combating threats to classroom engagement. Presentation at the Midwestern Psychological Meeting, Chicago, IL.
- Gurung, R. A. R. (2010, August). (Culture) Shocks to the System: Getting students to actively face cultural diversity. Invited address at the Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2010, August). Adrenalize your teaching: Using and doing pedagogical research. Invited GSTA address at the Annual Meeting of the American Psychological Association, San Diego, CA.
- Gurung, R. A. R. (2009, March). Shining with scholarship: Galvanizing your teaching with SoTL and social psychology. Keynote address at Claremont Applied Social Psychology Symposium, Claremont, CA.
- Gurung, R. A. R. (2009, February). Shining with scholarship: Galvanizing your teaching with SoTL. Keynote address at SETOP, Atlanta, GA.
- Gurung, R. A. R. (2009, February). Many heads are better than one: Faculty development, student learning, and lesson study. Faculty Development Brown Bay, UWGB, Green Bay, WI.
- Gurung, R. A. R. (2008, May). Highlights from Pedagogical research: Findings to Ponder and Use. Paper presented at the meeting of the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-Oshkosh, WI.
- Gurung, R. A. R. (2006, August). *Catalyzing teaching: The scholarship of teaching and learning*. TOPSS address at the annual meeting of the American Psychological Association, New Orleans, LA.
- Gurung, R. A. R. (2006, May). *Got culture? Incorporating culture into your curriculum*. Paper presented at the meeting of the American Psychological Society, New York, NY.
- Gurung, R. A. R. (2006, March). *Optimizing study skills: Empirical evidence, practical tips*. Paper presented at the meeting of the Midwestern Institute for Students and Teachers of Psychology (MISTOP), Du Page, IL.
- Gurung, R. A. R. (2005, May). *Optimizing learning: Recommended daily allowances of studying*. Paper presented at the meeting of the American Psychological Society, Los Angeles, CA.
- Gurung, R. A. R. (2005, January). *The agony and the ecstasy: Exploring the dualities of academic life*. Paper presented at the meeting for Enhancing the Craft of Teaching Conference, Green Bay,

WI.

- Gurung, R. A. R. (2003, February). *An apple a day: Teaching health psychology and healthy teaching*. Paper presented at the meeting of the Society for Personality and Social Psychology Preconference, Los Angeles, CA.
- Gurung, R. A. R. (2002, July). *Stress in females: Tend-and-befriend, not fight-or-flight*. Paper presented at the meeting of the National Wellness Conference, Stephens Point, WI.
- Gurung, R. A. R. (2002, June). *Practicing the scholarship of teaching and learning*. Paper presented at the meeting of the Wisconsin Teaching Fellow Summer Institute, WI.
- Gurung, R. A. R. (2002, May). *Group projects in content courses*. Paper presented at the meeting of the Enhancing the Teaching of Psychology and Human Development conference, University of Wisconsin-La Crosse, WI.
- Gurung, R. A. R. (2002, March). *Making magic: The enchantment of teaching*. Featured Faculty address, University of Wisconsin, Green Bay, WI.
- Gurung, R. A. R. (2002, March). *They're all in it together: Designing group presentation assignments*. Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Gurung, R. A. R. (2002, March). *Going beyond content: Enhancing understanding in large classes*. Paper presented at the meeting of the Midwest Institute for Students and Teachers of Psychology, Glen Ellyn, IL.
- Gurung, R. A. R. (1997, September). *Mental representations in close relationships*. Invited address, Carleton College, Northfield, MN.

SCHOLARLY PRESENTATIONS: POSTERS

2012

- Filz, T. & Gurung, R. A. R. (2012, August). Student perceptions of undergraduate teaching assistants. Poster presented at American Psychological Association Annual Convention.
- Freis, S., & Gurung, R. A. R. (2012, May). Helping behavior in the new technological age: A facebook analysis. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL.
- Pullin, M. D., Batten, K. M., Gurung, R. A. R., & Landrum, R. E. (2012, May). Memorable concepts from undergraduate psychology: A content analysis of unforgettable course content. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago; IL.

2011

- Filz, T., Wilhelm, T. M., & Gurung, R. A. R. (2011). The utility of online examinations in face-to-face classes: Empirical evidence. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Freis, S., Weise, A., & Gurung, R. A. R. (2011). Sexist brands: Empowering, degrading, or aggravating? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Freis, S., Weise, A., & Gurung, R. A. R. (2011). Does dressing provocatively help or hurt self esteem when on the spot? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

- Gintz, C., Gagnon, S., Donato, D., Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). A content analysis of introductory student expectations about course impact and content retention. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Goicoechea, C., Gagnon, S., Donato, D., Lawson, J, Gurung, R. A. R., & Landrum, R. E. (2011). A new look: Updated normative data on the metacognitive awareness inventory. Poster presented at the annual meeting of the Rocky Mountain Psychological Association, Salt Lake City, UT.
- Weise, A., Freis, S., & Gurung, R. A. R. (2011). Dressed to teach? Appearance, clothing, and ratings of instructors. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Wilhelm, T. M., Spann, N., Filz, T., Landrum, R. E., & Gurung, R. A. R. (2011). Online test taking: Does when you take it matter? Poster presented at the annual meeting of the American Psychological Association, Washington, DC.
- Wilhelm, T. M., Filz, T., & Gurung, R. A. R. (2011). Key components of an empirically tested honor code. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

2010

- Batten, K., Woodstrom, L., Taitano, A., Smith, B., Hulbert, C., Landrum, R. E., & Gurung, R. A. R. (2010, April). *The role of publishing representatives in textbook adoption*. Rocky Mountain Psychological Association, Denver, CO.
- Hulbert, C., Batten, K., Woodstrom, L., Taitano, A., Smith, B., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Use of two scales to measure student perceptions of introductory psychology textbooks*. Rocky Mountain Psychological Association, Denver, CO.
- Kacmarek, K, & Gurung, R. A. R. (2010). What is She Wearing?" Inappropriate Clothing Choices, Body Image, and Mood. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- Kacmarek, K, Gurung, R. A. R., & Degeneffe, A. (2010). Perceived Infidelity: Does Body Image accentuate Women's Jealousy? Poster presented at the annual meeting of the American Psychological Association, San Diego, CA.
- Smith, B., Hulbert, C., Batten, K., Woodstrom, L., Taitano, A., Landrum, R. E., & Gurung, R. A. R. (2010, April). *Introductory psychology students learn concepts and acquire skills: Which are most important?* Rocky Mountain Psychological Association, Denver, CO.
- Taitano, A., Smith, B., Hulbert, C., Batten, K., Woodstrom, L., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Faculty selection of textbooks: Key variables and the role of teaching experience*. Rocky Mountain Psychological Association, Denver, CO.
- Woodstrom, L., Taitano, A., Smith, B., Hulbert, C., Batten, K., Gurung, R. A. R., & Landrum, R. E. (2010, April). *Pedagogical decisions about the use of electronic textbooks*. Rocky Mountain Psychological Association, Denver, CO.

2009

- Baker-Clyde, K. A., Spann, N., Gurung, R. A. R., & Landrum, R. E. (2009, April). Factor Structure of the Collegiate Assessment of Textbook Preferences (CATP) Scale. Poster to be presented at the

annual meeting of the Rocky Mountain Psychological Association.

Bruni, K., & Gurung, R. A. R. (2009, August). Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.

Gurung, R. A. R., & Beyer, T. L. (2009, August). The Latest Word on Class Size: Does It Really Matter? Poster presented at the annual meeting of the American Psychological Association, Toronto, CA.

Spann, N., Baker-Clyde, K. A., Gurung, R. A. R., & Landrum, R. E. (2009, April). The Relationship Between Student Textbook Preferences and Learning and Grade Orientations. Poster to be presented at the annual meeting of the Rocky Mountain Psychological Association.

2008

Kracha, K. & Gurung, R. A. R. (2008, August). [Effects of Recall Tests and Recognition Tests: A Review](#). Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

Martin, R., & Gurung, R. A. R. (2008, August). [Assessing Upper-Level Psychology Textbooks: Does It Predict Learning?](#) Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

2007

Bord, D., Jeske, A., & Gurung, R. A. R. (2007, August). *Comparing student perceptions of textbooks*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Kinderman, S., Gurung, R. A. R., & Roberts, E. A. (2007, August). *Objectifying the rich and famous: Does sex and celebrity matter?* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Roethel, A. & Gurung, R. A. R. (2007, August). *Managing stress: Which techniques are the most effective?* Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Gurung, R. A. R., & Martin, R., (2007, July). *Code of conduct: Internationalizing the ethics of SoTL*. Poster presented at the annual meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.

Gurung, R. A. R., Haynie, A., & Chick, N. (2007, July). *Signature pedagogies and practices in the disciplines*. Poster presented at the annual meeting of the International Society for the Scholarship of Teaching and Learning, Sydney, Australia.

2006

Hebeler, N., & Gurung, R. A. R. (2006, August). *The role of comfort in data collection*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Klein, H., Rindfleisch, C. L., & Gurung, R. A. R. (2006, August). *Are Beauty Pageants Objectifying? Two answers*. Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Rindfleisch, C. L., Klein, H., & Gurung, R. A. R. (2006, August). *Sex differences in objectification*.

Poster presented at the annual meeting of the American Psychological Association, New Orleans, LA.

Gurung, R. A. R. (2005, August). *A Balanced Diet of Study Skills*. Poster presented at the annual meeting of the American Psychological Association, Washington, DC.

2005

Gurung, R. A. R., & Chrouser, C. J. (2005, June). *Not buff enough (in the buff): Objectifying female athletes*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

Gurung, R. A. R., Schuessler, T., & Durran, M. (2005, June). *Supersizing physical activity may boost academic performance*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

Gurung, R. A. R., Morack, S., & Bloch, H. (2005, June). *Skin sells (and hurts): Objectification and the Miss America 2004 Pageant*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

Gurung, R. A. R., Grudzeilaneck, K., & Tosh, C. (2005, June). *Looking good, teaching well? Linking liking, looks, & learning*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

Bloch, H., & Gurung, R. A. R. (2005, June). *Mood and perception: Do others look better when you are aroused?* Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

Miller, M. J., & Gurung, R. A. R. (2005, June). *Athletic coachability*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA

2004

Gurung, R. A. R., Heim, T., & Mier, R. (2004, June). *Show more, look better? Revealing clothes, body size, and impression formation*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., West, J., & Siegler, B. L. (2004, June). *Skin and perception: Are beauty pageants sexist?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., Teske, D., & Basteniello, J. (2004, June). *Does this shirt make me look big... enough? Looking at male body image*. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Gurung, R. A. R., Rose, H. S., & Peterson, J. A. (2004, June). *How do students really study (and does it matter)?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

Lange, K. & Gurung, R. A. R. (2004, June). *Do relationships with fathers influence daughters' relationships and sexuality?* Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

2003

Gurung, R. A. R. (2003, August). *Just bells and whistles? Assessing pedagogical aids*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

- Gurung, R. A. R. (2003, August). *Assessing flux in ethnic identity development*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Stowe, A., & Hundt, A. (2003, August). *When looking good can be bad: Impressions of tight revealing clothes*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., & Hundt, A. (2003, August). *Workout outfits and impression formation*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Goetzinger, L. M., Siegler, B., & Braithwaite, B. (2003, August). *There's no good or bad if ugly: Can we change physique anxiety?* Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Williamson, L., & Gurung, R. A. R. (2003, August). *Beyond the pages of magazines: Body dissatisfaction, image, and mood*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.
- Alley, C., & Gurung, R. A. R. (2003, May). *The Role of Sports in Building Self Esteem*. Poster presented at the annual meeting of the American Psychological Society, Atlanta, GA.
- Gurung, R. A. R. (2003, May). *Review Sessions: Good, Bad, and Clumsy*. Paper presented at the annual meeting of the American Psychological Society, Atlanta, GA.
- Carnelly, K., Rusch, J., & Gurung, R. A. R. (2003, February). *Attachment and Complexity of Partner Model*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, CA.

2002

- Goetzinger, L., Gurung, R. A. R., Otto, J., Stowe, A., & Williamson, L. (2002, August). *Manipulating Social Physique Anxiety: Clothing and Feedback*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R., Zellner, J., Williamson, L., & Goetzinger, L. (2002, August). *Looking so Good it hurts: Predictors and Consequences of Rating Attractiveness*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R., Suchomel, N., Stowe, A., Otto, J., & Goetzinger, L. (2002, August). *Physique Anxiety, Social Perception, and Mood: A Focus on Men*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R., Wavrunek, K., & Williamson, L. (2002, August). *Comparing the Effects of Different Media on Children's Body Image*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Gurung, R. A. R. (2002, June). *Sleeping Students Don't Talk (or Learn): Enhancing Active Learning Via Class Participation*. Poster presented at the meeting of the American Psychological Society, New Orleans, LO.
- Gurung, R. A. R. (2002, June). *Do students who use pedagogical aids perform better on exams?* Poster presented at the meeting of the American Psychological Society, New Orleans, LO.

2001

- Brown, J. L., & Gurung, R. A. R. (2001, June). *Neither Objectification Nor Sex Attenuate the Attractiveness of Large Busts*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.

- Brzozowski, B. T., & Gurung, R. A. R. (2001, June). *Exercise Predicts Depression, Satisfaction and Efficiency in College*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Tuning Into Psychology*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R., Lorenz, D., Bartels, D., & Krenzke, E. (2001, June). *The Ask For Help Task: Measuring Support Seeking*. Poster presented at the meeting of the American Psychological Society, Toronto, Canada.
- Gurung, R. A. R. (2001, June). *Improving Class Discussion: CCC cards and Structured Roles*. Paper presented at the meeting of the American Psychological Society, Toronto, Canada.
- Haag, P., Brosig, C., Gurung, R. A. R., Triest-Robertson, S., Whitfield, & Pfutzenreuter, M. (2001, March). *Do (mis)beliefs about pain influence addiction beliefs?* Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.
- Triest-Robertson, S., Gurung, R. A. R., Brosig, C., Whitfield, & Pfutzenreuter, M. (2001, March). *Assessing satisfaction with hospital pain management*. Poster presented at the meeting of the Society for Behavioral Medicine, Seattle, WA.

2000

- Frederiksen, J. J., & Gurung, R. A. R. (2000, May). *Are the religious more satisfied in romantic relationships?* Paper presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Gurung, R. A. R. (2000, June). *Taking psychology into the trenches: Active learning and group activities*. Paper presented at the meeting of the American Psychological Society, Miami, FL.
- Hayes, B. B., Hardt, B., & Gurung, R. A. R. (2000, August). *Overcoming Barriers to a Better You: Barriers and Exercise Adherence*. Paper presented at the meeting of the American Psychological Association, Washington, D.C.
- Herminath, S., & Gurung, R. A. R. (2000, May). *Predictors of Relationship satisfaction*. Poster presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Herminath, S., Steiner, N., & Gurung, R. A. R. (2000, August). *Expanding Self Expansion: Social Support, Relationship Satisfaction and Gender*. Poster presented at the meeting of the American Psychological Association, Washington, D.C.
- Steiner, N., & Gurung, R. A. R. (2000, May). *Gender as a predictive measure of relationship satisfaction: How gender influences the link between significant-other concepts and satisfaction*. Paper presented at the Second Annual UW-System Symposium for Undergraduate Research, La Crosse, WI.
- Steiner, N., Herminath, S., & Gurung, R. A. R. (2000, August). *Predicting Support and Satisfaction: Specific Measures or Attachment Styles?* Poster presented at the meeting of the American Psychological Association, Washington, D.C.

1997-1998

- Gurung, R. A. R. & Mehta, V. (1998, August). *Minority health care providers: A focus on identity, acculturation and beliefs in second generation Indian Americans*. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.

- Gurung, R. A. R., Dunkel-Schetter, C., Collins, N., & Hobel, C. (1998, August). *Social support and adjustment during pregnancy*. Paper presented at the meeting of the American Psychological Association, San Francisco, CA.
- Gurung, R. A. R. (1998, June). *We're all in it together: Cognitive concomitants of self-expansion*. Paper presented at the meeting of the International Society for the Study of Personal Relationships, Saratoga Springs, NY.
- Gurung, R. A. R. (1997, August). *Demonstrating the matching hypothesis*. Paper presented at the meeting of the American Psychological Association, Chicago, IL.
- Mehta, V. K., & Gurung, R. A. R. (1997, March). *Ethnic Identity, acculturation and beliefs: A focus on Indian American medical providers*. Paper presented at the meeting of the American Association Health Providers, Boston, MA.

1992-1996

- Gurung, R. A. R., Sarason, B. R., Sarason, I. G., & Sanghvi, H. (1996, August). *Coping with the transition to College: Psychological factors influencing adjustment*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Ullrich, P., Sarason, B. R., & Sarason, I. G. (1996, July). *Measuring significant other-concepts: Spontaneous verbal descriptions*. Paper presented at the meeting of the International Society for the Study of Personal Relationships, Banff, Canada.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R. (1996, June). *Cognitive interference in social situations: validation of the Social Interference Questionnaire*. Paper presented at the meeting of the International Network of Personal Relationships, Seattle, WA.
- Sanghvi, H., Sarason, I. G., Gurung, R. A. R., & Rook, K. S. (1996, August). *Cognitive Interference in Social Situations: How do Interfering Thoughts Affect Social Adjustment*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Other-concepts: Mental representations of romantic partners and relationship quality*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1995, August). *Support under pressure: Effects of support provision on state self-esteem*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Brock, D. M., Gurung, R. A. R., & Sarason, B. R. (1995, August). *Interactions with dating partners versus strangers: Differences in observed behavior*. Paper presented at the meeting of the American Psychological Association, New York, NY.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1994, August). *Observing conflict and support: Global vs. a behavioral-specific approaches*. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Ulrich, P., Gurung, R. A. R., & Sarason, B. R. (1994, August). *Expressions of self-other overlap among dating couples*. Paper presented at the meeting of the American Psychological Association, Los Angeles, CA.
- Gurung, R. A. R., Sarason, B. R., & Sarason, I. G. (1993, August). *Factors influencing perceptions of support in romantic relationships*. Paper presented at the meeting of the American Psychological Association, Toronto, Canada.
- Gurung, R. A. R., Sarason, B. R., Keeker, K. D., & Sarason, I. G. (1992, August). *Family*

environments, specific relationships and general perceptions of adjustment. Paper presented at the meeting of the American Psychological Association, Washington, D.C.

INVITED ADDRESSES: COMMUNITY

- Gurung, R. A. R. (2011, October). *Stress Management on and off the field.* NFL Rookie Player Management Series, Lambeau Field, Green Bay, WI.
- Gurung, R. A. R. (2011, September). *The Kids Count LIVE 54218 Program.* Childhood Obesity Conference, Green Bay, WI.
- Gurung, R. A. R. (2009, February). *Alcohol: Green Bay's Problem.* Panel presentation for the BACC, LIT program, Green Bay, WI.
- Gurung, R. A. R. (2007, April). *Coping tips for leaders: Balancing challenges and keeping sane.* TOPSS address at the Teen Leadership Green Bay Conference, Dr Pere, WI.
- Gurung, R. A. R. (2006, February). *Eat well, exercise more, and score (Academically).* Ferber Elementary Health Fair, Appleton, WI.
- Gurung, R. A. R. (2005, February). *Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity.* Association of Wisconsin School Administrator's (AWSA) Elementary Educators Conference, Middleton, WI.
- Gurung, R. A. R. (2004, October). *Non-medical approaches to pain management.* St. Vincent's Hospital Pain Awareness Program, Green Bay, WI.
- Gurung, R. A. R. (2004, September). *Non-medical approaches to pain management.* St. Mary's Hospital Pain Awareness Program, Green Bay, WI.
- Gurung, R. A. R. (2004, September). *The psychology behind exercising.* Y.M.C.A., Howard, WI.
- Gurung, R. A. R. (2004, August). *Healthy bodies, smarter minds: Enhancing learning through nutrition and physical activity.* Keynote address at Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2004, August). *Why do we eat what we eat: Factors influencing food choice.* Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2004, August). *The role of smoking in health and education.* Education for Healthy Kids Summer Institute, Appleton, WI.
- Gurung, R. A. R. (2002, November). *Show me the Data: Being Good Consumers of Research.* St. Vincent's Hospital Nurses Training Program, Green Bay, WI.
- Gurung, R. A. R. (2002, August). *What is worksite wellness, and what works?* Worksite Wellness Summit, Green Bay, WI.
- Gurung, R. A. R. (2002, April). *Stronger minds, stronger bodies: Using health psychology to survive the winter.* Public Pain Forum, Green Bay, WI.
- Gurung, R. A. R. (2002, April). *East works with west: Melding the western biomedical model with eastern approaches.* Complementary Healthcare Meeting, Green Bay, WI.
- Gurung, R. A. R. (2002, February). *Wisconsin ways: Enhancing patient-practitioner interaction in the community.* Invited address, Aurora Bay Care Medical Center, Green Bay, WI.
- Gurung, R. A. R. (2001, September). *The mind-body connection: Psychology and health.* St. Vincent Nurse Training Program, Green Bay, WI.
- Gurung, R. A. R. (1997, November). *Predicting emotions from cognitions.* California State University, Long Beach.

FUNDED GRANTS

McGraw-Hill Higher Education research grant (2010-2012, \$80,000).
 UW-Green Bay Instructional Development Council SoTL grant (2009).
 UW System OPID grant: Lesson Study Leadership 09-10
 UW System OPID grant: Lesson Study Leadership 08-09
 UW System OPID grant: Optimizing First Year Seminars (08, Ritch, co- P.I.)
 UW System OPID grant: Signature Pedagogies across the disciplines (2007, Haynie and Chick co-P.I.)
 UW System OPID grant for Enhancing the first year experience (2007, Furlong co-P.I.)
 UW System OPID grant for Lesson Study on Information Literacy (2007, Dettman co-P.I.)
 UW System Race and Ethnicity grant: Studying ethnic identity change (2007)
 Appleton School District Grant *Educating healthy kids project* (2005-2007)
 APA Board of Educational Affairs Conference Development Grant *National standards of high school psychology summer institute* (2007)
 UW System Lesson Study Grant (2007) *Interdisciplinary lesson study replication*
 APA Board of Educational Affairs Conference Development Grant (2006) *Enhancing the teaching of psychology conference*
 UW System Lesson Study Grant (2006) *Interdisciplinary Lesson Study*
 Grant-In-Aid-of-Research (Fall, 2006) *Coping with stress in college*
 McGraw-Hill Higher Education Research Grant (2006) *A National Study of Teaching and Learning*
 Pearson Education Research Grant (2006) *Comparing Introductory Psychology Textbooks*
 Thompson Learning Research Grant (2006) *Teaching Social Psychology*
 Grant-In-Aid-of-Research (Spring, 2006) *Body image and the media*
 Grant-In-Aid-of-Research (Fall, 2006) *Assessing textbooks*
 Grant-In-Aid-of-Research (Fall, 2005) *Coping with stress in college*
 Grant for Integrating Research and Teaching (Spring, 2004) *Studying Impression Formation*
 Grant-In-Aid-of-Research (Fall, 2004) *Sex differences and the stress response*
 Wisconsin Tobacco Control Board Grant (2003) *Evaluating the Oshkosh 'You Know What You Want' Intervention*
 Grant-In-Aid-of-Research (Fall, 2003) *Sex differences and the stress response*
 OPID Grant for Interdisciplinary Monograph on SoTL (co-PI, 2003)
 UTIC/OPID Consortium Development Grants (1999, 2000, 2001, 2002) *Enhancing the Teaching of Psychology Conference*
 UWGB Faculty Development Grants (1999, 2000, 2001, 2002, 2004, 2006)
 Grant for Integrating Research-Teaching (2001; 2002) *Relationships & Social Perception*
 National Institute of Health (NIH) award to attend Pittsburgh Mind Body Center's Summer Institute (July, 2000) *Basic Pathways Linking Behavior and Disease*
 Grants for Integrating Research and Teaching (Spring, 2000) *Phys. correlates of smoking cessation*
 Grants-In-Aid-of-Research (2001) *Paternal Attachment*, (2000) *Self-Perception*; (1999) *UWGBodies*
 UW System Faculty Reading Seminar on Race and Diversity Grant (1999)
 Phi Kappa Phi, Sigma Xi, HealthEmotions Institute Research Travel Award (1999)
 National Institute of Mental Health (NIMH) Postdoctoral Fellowship (1997-1999)
 American Psychological Association Student Travel Award (1994)
 University of Washington, Office of Education Assessment Grant (1994) *Studying Transitions*.
 Sigma Xi Grant (1992) *Parental Relationships, Social Support and Adjustment to College*

PROFESSIONAL ACTIVITIES

National

Leadership

Vice President Midwest Region, Psi Chi International Honor Society. (2012-2014).
 Member, International Society of the Scholarship of teaching and Learning (ISSOTL) leadership nomination committee (2010).
 Chair, Educational and Training Council, Health Psychology (Div. 38, 2006-present)
 Chair, Working Group to review the National Standards in high school psychology (2007)
 Chair, International Society for the Scholarship of Teaching and Learning (ISSOTL) Subcommittee on Ethics in Research (2007)
 Psi Chi National Honor Society Faculty Advisor Panel (2007-2008)
 Psi Chi National Honor Society National Leadership Conference planning committee (2007-2009)
 Conference Co-organizer Society for Personality and Social Psychology Teaching Preconference (Tampa, FL, 2009, Las Vegas, NV, 2010)
 Conference organizer Society for Personality and Social Psychology Teaching Preconference (Memphis, TN, 2007, Palm Springs, CA, 2006, New Orleans, LA, 2005)
 Educational Testing Service (ETS) Advance Placement Table Leader (2005)
 Program Chair (2001-2004) – APA Div. 2 Society for the Teaching of Psychology
 Associate Program Chair (1998-2000) – APA Div. 2 – Society for the Teaching of Psychology
 Chair, Web Committee (2000-2001) – International Society for the Study of Personal Relationships
 Co-Chair, Web Committee (1999-2000) – APA Div. 38- Health Psychology
 Assistant Coordinator - Meeting of the International Network of Personal Relationships (1996)
 Attendee APA BEA Educational Leadership Conference, Washington, D.C. (2005,2007).

Committees

External Relations Committee, Psi Chi International Honor Society. (2012-2013).
 Research Grants Committee, Psi Chi International Honor Society. (2012-2013).
 STP Liason, Psi Chi International Honor Society. (2012-2013).
 ETS Advance Placement (AP) Faculty Colloquium Committee (2010)
 Task force on Media Products (APA Div. 2, 2010)
 American Psychological Association (APA) Board of Educational Affairs College Faculty Representative to the APA Teachers of Psychology in Secondary Schools (TOPSS, 2006-2009).
 Division of South Asian Americans (DoSAA) Task Force (2006-2007)
 Psi Chi National Honor Society Reviewer (2007)
 Office of Teaching and Resources in Psychology (OTRP) Project Lecture (2007-present)
 Task force on Grants (APA Div. 2, 2007-2008)
 Working Group to Review BEA Psychology Curriculum Guidelines (APA Div. 2, 2006-2007)
 Steering Committee Teaching Introductory Psychology in the 21st Century: Content, activities and technology, e-workshop, January 25th, 2008 (APA Div. 2, 2007)
 Task force on Scholarship of Teaching and Learning (APA Div. 2, 2006-2007)
 Task force on Podcasting (APA Div. 2, 2006-2007)
 Task force on Diversity in Teaching (Society for the Teaching of Psychology APA Div. 2, 2006-2007)
 Steering committee, Reaching Out: Best Practices in Teaching Diversity and International Perspectives Across the Psychology Curriculum (Atlanta, GA. 2006)

Educational and Training Committee, Health Psychology (Div. 38, 2000-2006)
 Web Committee (Health Psychology, APA Div. 38, 2004 -present)
 Educational Testing Service (ETS) Advance Placement Faculty Consultant (2002-2004)
 Task force on Enhancing the College Experience-Helping Students Thrive (APA Div. 2/35, 2001-2002)
 Task force on Alliances in the Regions (APA Div. 2, 2000-2001)
 Faculty Mentor for Society for Personality and Social Psychology (SPSP, 2004-present)
 Faculty Mentor (Health Psychology, APA Div. 38, 2002-present)

State

OPID Presidential Summit Reviewer for Lesson Study and Inclusive excellence sessions (2010)
 Chair, Search Committee, OPID interim Director (2008)
 Executive Committee, UW System Office of Professional and Instructional Development (2007-2009).
 Carnegie Cluster Leadership Committee, UW System (2006- present)
 Chair, Steering Committee, Enhancing the Teaching of Psychology in Wisconsin (1999-present)
 Organizer, Enhancing the Teaching of Psychology Regional Conferences
 (2000, 2001, 2002, 2003, 2004, 2006)
 UWGB representative to the UW System OPID executive council (2004-present)
 UWGB representative to the Carnegie Leadership Site Advisory Council (Milwaukee)
 UW System Institute of Race and Ethnicity (IRE) Advisory Council (2007-present)
 UW System Institute of Race and Ethnicity (IRE) UWGB Syllabi Coordinator (2007-present)

University

Leadership/University Committees

Sustainability Committee (2006-present)
 Co-Director Teaching Scholars Program (2004-present)
 Scholarship Officer Phi Kappa Phi (2010-2011)
 Public Relations Officer Phi Kappa Phi (2008-2010)
 Chair, Human Development (2007-2010)
 Co-Chair, Freshman Seminar Committee (2007-2009)
 Faculty Development Council/Instructional Development Committee (2001-2009)
 Chair, Personnel/Professional development working group for accreditation (2005-2007)
 Higher Learning Commission Self-Study Steering Committee (2005-2007)
 General Education Committee (GEC, 2005-2007).
 Campus Web Committee (2005-2007)
 Equity Scorecard Evidence Team (2005-2006)
 Planning Committee for the Bachelors of Applied Studies Degree (2005-2006)
 Chair, Psychology Department (2003-2005)
 Chair, Instructional Development Council (2003-2004)
 Task force for Writing First-Contact Grants (2003-2004)
 Task force for FOCUS planning (2003-2004)
 Office of Residential Life Assessment Committee (2003-2004)
 University Committee (2004-2005)
 International Advisory Committee (2002-2004)

Center for Biodiversity Advisory Committee (2001- 2004)
 Academic Affairs Committee (2001-2002)
 Dining Hall RFP Committee (2002)
 Awards and Recognition Committee (2001)
 Learning Initiative: Active and Integrated Learning Sub-Committee (2000)

Search and Screen Committees

Search and Screen Committee, Human Development, (2010-2011)
 Associate Dean Search Committee (2007)
 Search and Screen Committee, Human Development, (2005-2006: hired Dr. K. Burns)
 Interim Dean of Liberal Arts and Sciences Search and Screen Committee (2004: hired Dr. F. Hughes)
 Search and Screen Committee, Human Development, (2004-2005: failed to replace Dr. R. Logan)
 Search and Screen Committee, Human Development, (2004-2005: hired Dr. R. Martin)
 Search and Screen Committee: International Student Coordinator (2004: hired Brent Blahnik)
 Search and Screen Committee, Human Development, (2003-2004: failed to replace Dr. R. Logan)
 Search and Screen Committee, Human Development/ICS, (2003-2004: failed to replace Dr. Matter).
 Dean of Liberal Arts and Sciences Search and Screen Committee (2002: hired Dr. C. Blackshire-Belay)
 Search and Screen Committee, Human Development, (2001-2002: hired Dr. K. Vespia)
 Search and Screen Committee, Human Development, (2000-2001: hired Dr. D. Bartell)
 Chancellor's Search and Screen Committee (2001: hired Dr. B. Shepard)
 Search and Screen Committee, Human Development, (1999-2000: hired Dr. D. Von Dras)
 Search and Screen Committee: Program Manager for the Office of International Educational (1999)

General University/Departmental Service

Freshman Seminar Task force (2007-present)
 President, Phi Kappa Phi National Honor Society UWGB Chapter (2006-2008)
 Faculty Mentor for Dr. Kate Burns (2006-present)
 Faculty Mentor for Dr. Ryan Martin (2005-present)
 FOCUS Orientation advisor (Intro. To College, 2003-present)
 FOCUS Registration (R&R, 2003-present)
 Faculty advisor Psi Chi (2003-present)
 Faculty advisor Individualized Major (2005-2007)
 Faculty advisor Psi Eta Sigma (2005-2007)
 Faculty advisor HUD/psychology club (2003-2005)
 Human Development Task force on Learning Outcomes (2005-2006)
 Institute on Race and Ethnicity Book Discussion Group (2000, 2003)
 Web Administrator for Psychology Department Web Page (2003-2005)
 Guest lectured in Herzog's Health psychology class (2005-2007)
 Guest presentation in Sutton's Non-fiction writing class and during Writing workshop (2006-2007)

Community

President, Bay Area Community Council (2010)
 Howe Family Resource Center Board of Directors (2009-present)
 President-Elect, Bay Area Community Council (2009)

Bay Area Community Council Board of Directors (BACC, 2006-present)
Brown County Tobacco Free Coalition, Board Member (2000-2010)
American Cancer Society Brown County Leadership Council (2004-2006)
Green Bay Chamber of Commerce Wellness Committee (2003-2005)
Green Bay Pain and Comfort Team (PACT, 2000-2005)

AD HOC REVIEWER

Anxiety, Stress and Coping

Health Psychology

Journal of Personality and Social Psychology

Journal of Social and Personal Relationships

Learning and Individual Differences

Personal Relationships

Psychosomatic Medicine

Social Science and Medicine

Sex Roles

Teaching of Psychology

Society for Teaching of Psychology Conference & Health Psychology Conference Program Reviewer

Psi Chi Guilford Award Reviewer

Health Psychology Course _SIM University, Singapore